

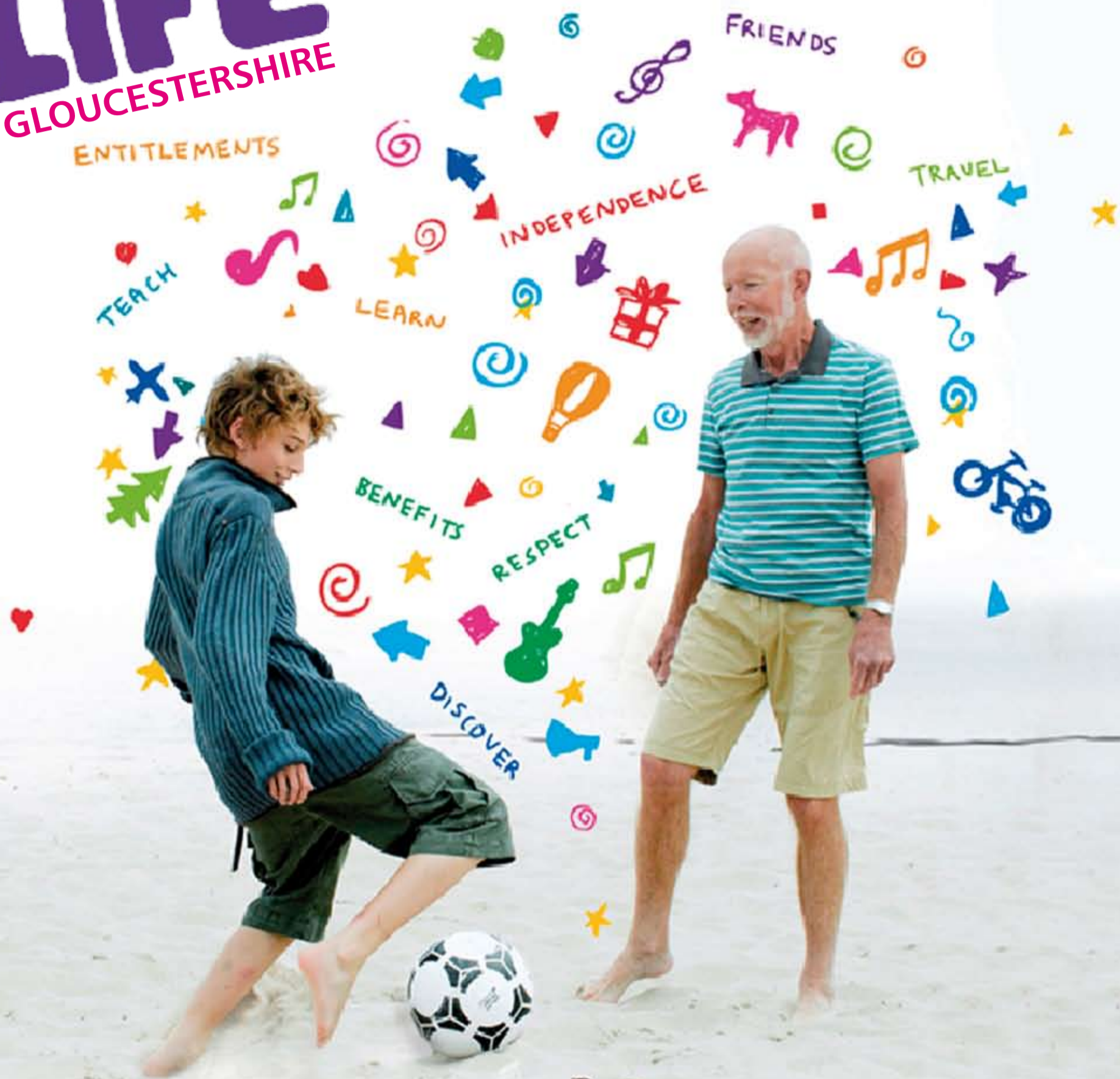
FULL OF LIFE GLOUCESTERSHIRE



Gloucestershire
COUNTY COUNCIL

NHS

Gloucestershire



Join us free to discover over 50 different ways you can stay healthy and full of life including:

- Fun activities such as Tai Chi and sports on the Nintendo Wii,
- Live demonstrations on everything from cookery to belly dancing,
- Free afternoon tea from 2-4pm.

For more information visit www.fulloflifegloucestershire.org.uk or call 01452 427 343.

Thursday 24th September 2009, 1pm – 6pm
Kingsholm Rugby Stadium, Gloucester